

# MAPLE MEDICAL PRU

## PERSONAL SOCIAL HEALTH EDUCATION POLICY

**Healthy School Status**  
**Smoke Free Award**  
**Food for Life Bronze Award**  
**Enhanced Healthy School status**  
**Anti-bullying charter mark**  
**Snack Right Smile Bright award**  
**Healthy Learning Healthy Lives**  
**Advanced Healthy Learning, Healthy Lives**  
**ASD charter mark**  
**RHS award level 1&2**  
**IQM award**

**We are currently working towards the Carnegie mental health award**

### **Background Information**

**Maple Medical PRU** serves a number of clients. Young Parents Centre is for school age mothers with nursery provision for their babies, Joint Agency Support Provision (JASP) Education Centre for KS3 and KS4 pupils with severe and enduring mental health difficulties, Link for pupils who are too ill to be in their mainstream school, the Hospital School for pupils who are physically ill and are either educated at home and the Mulberry Centre for children in KS2, 3 and 4 who have an ASD diagnosis or are on the pathway.

### **Policy Development Process**

This policy has been developed following consultation with parents/carers, pupils, staff and Management Committee members. The policy has been developed in line with DCFS, QCA and OFSTED guidance, including the Every Child Matters agenda.

### **Policy Statement**

The National Curriculum QCA states that 'Personal Social and Health Education (PHSE) is a planned programme of teaching and learning that promotes pupils' personal and social development and their health and wellbeing. It helps to give children and young people the knowledge, skills and understanding they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

Personal and Social education in KS3&4 covers a wide subject area which can be defined as having 5 statutory and 2 non statutory categories;

#### **Statutory**

Personal, Social and Health  
Work related learning  
Careers  
Enterprise  
Financial Capability

#### **Non statutory**

Personal wellbeing  
Economic well being

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Any investigation of the above themes will not necessarily take place within the timetable. Content is only part of the Personal and Social Education Curriculum. It is concerned with qualities, attitudes, knowledge, understanding, abilities and skills in relation to oneself and others, social responsibility and morality. It should help prepare pupils for an active life in the future in their involvement in family, social, economic and civil life.

The latest DFE guidance 'PSHE Education, a review of impact and effective practice (2015)' states;

There are a number of mechanisms through which PSHE education can make a difference. It is commonly accepted that non-cognitive or social skills play an important part in success at school and in employment. (Feinstein and Duckworth 2006, Heckman and Rubinstein 2011).

PSHE provides an opportunity to provide or enhance skills such as perseverance, conflict resolution, emotional intelligence, self-management, self-respect, team work, locus of control, time and stress management.

A review of the impact of pupil behaviour and well-being on educational outcomes as rated by their parents found that pupils with greater emotional, behavioural, social and school well-being had on average higher attainment and were more engaged with their schooling even after controlling for variables such as deprivation. (Guteman and Vorhaus 2012)

The curriculum at Maple is intended to incorporate those aspects of PSHE that are particularly relevant to our pupils. Part-time education and absences for maternity leave, hospital admissions, appointments and illness mean that at best we can only deliver a limited curriculum. It is intended that a core of the PSHE curriculum would be studied by the majority of pupils and it is the aim of the document to highlight those key areas

It is recognised that PSHE is the most important part of the cross curricular dimensions and it should be valued whether it is delivered as a time tabled lesson or explored as part of everyday discussion.

Aspects of PSHE are also delivered to pupils via other subjects such as Health and Social Care, Religious Studies and General Studies as well as during informal sessions such as morning meetings and with the learning mentor, CAMHS peer support worker, school nurse, inclusion manager and the participation advisor on a 1:1 basis.

#### **Teaching and Learning Styles**

The flexibility and range of the talents of staff and visiting professionals with Maple ensure a diverse approach to the teaching of PSHE.

It is important that pupils understand that everyone's contributions, including their own, deserve attention. This can be achieved by ensuring a supportive context for their work. There should also be the opportunity to work in groups (with a changing emphasis of dynamics and leadership if possible) and to explore personal and social experience through role play.

Resources such as newspapers, television, video/DVD and the internet are a valuable asset to the teaching of PSHE. Visiting speakers form an important part of the ethos and structure of learning so their input will form an integral part of the PSHE curriculum.

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There are also displays of relevant information leaflets from a wide variety of outside agencies which are accessible to all pupils and these agencies can be contacted with the help of the learning mentor or inclusion manager if a pupil requests additional help. Pupils are informed about health and wellbeing awareness days/weeks throughout the year to enable topics to be discussed either in PSHE lessons or in morning meetings by staff at Maple or visiting speakers.

Pupils can and have been supported by Maple staff when accessing help from outside agencies, for example Healthy Lifestyles appointments at DRI. Staff have also accessed healthy lifestyle appointments at DRI, such as smoking cessation and healthy eating.

#### Aims, Values and Purposes

In PSHE, in common with other NC subjects, pupils work towards the following aims, values and purposes;

To become:

- Successful learners who enjoy learning, make progress and achieve
- Confident individuals who are able to live safe, healthy and fulfilling lives
- Responsible citizens who make a positive contribution to society

To relate to:

- Ourselves as individuals capable of spiritual, moral, social, intellectual and physical growth and development
- Our relationships, as fundamental to the development and fulfilment of happy and healthy lives and to the good of the community
- Our society, which is shaped by the contributions of a diverse range of people, cultures and heritages
- Our environment, as the basis of life and a source of wonder and inspiration that needs to be protected.

To

- Promote and pass on essential knowledge, skills and understanding valued by society to the next generation
- Be relevant to young people and prepare them for the here and now, for the next phase of their education and for their future.
- Widen horizons and raise aspirations about the world of work and further and higher education
- Make pupils more aware of, and engaged with, their local, national and international communities
- Help pupils recognise that personal development is essential to wellbeing and success.

The unique nature of Maple means that PSHE forms a major part of the curriculum already. The purpose of this document is to identify those areas already covered and consolidate them into the general school policy in PSHE. The constraints of time mean that our PSHE curriculum is not exhaustive but will cover themes considered relevant to the needs of each area of Maple. For example, pregnant school girls, teenage mums, children with severe and

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enduring mental health issues and physical illnesses will learn about issues which will help them to cope with life after school.

#### **Responsibility for PSHE**

Teachers are responsible for delivering PSHE.

All the teachers in the hospital school deliver PSHE to pupils as relevant.

#### **Outside Speakers**

Regular professionals involved with Maple;

#### **Teenage Pregnancy Midwife:**

The Teenage Pregnancy Midwife forms an important link between the hospital and Maple. As well as addressing personal concerns regarding their pregnancy she delivers sessions on pain relief, the developing baby, normal labour, methods of feeding and general preparation for the birth.

#### **School Nurse**

The School Nurse comes into Maple once every half term to run a drop in service for any pupil who wishes to see her to discuss health/emotional issues on a confidential basis. To raise awareness on health topics such as smoking, alcohol, drugs and sexual health, the School Nurse brings in an information board which all pupils are able to access. The School Nursing Services also deliver health sessions for all pupils in Maple which includes contraception/STIs, sexual health including self-examination, sun awareness and the health implications of smoking and alcohol.

#### **CEOPS (Child Exploitation and Online Protection Service)**

CEOPS come in to speak to all pupils about internet safety and to raise awareness about child sexual and criminal exploitation.

#### **Participation Service:**

The students have several informal interviews with the Participation adviser in Maple. Further interviews are arranged at the discretion of either party. We will ensure a visit to Doncaster College and if requested any other local colleges that pupils are applying to. The pupils at JASP have CAMHS peer support workers during their final two terms and over the summer holidays prior to their post 16 placement. This involves group work, 1:1 interviews, support with travel and accessing post 16 placements and activities during the Autumn break. The Learning mentor will also provide information on childcare. Liaison between involved partners continues throughout the year. Our Preparation for Working Life course involves preparation of a CV, an accompanying letter, a write up on interview skills and a personal statement.

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#### Project 3:

Project 3 visit Maple as requested to talk about topics such as sexual health, drugs and alcohol misuse and smoking. If needed, pupils can be signposted to them for support.

#### Sexual Health Clinic:

A Sexual Health Worker based at East Laithgate House will attend Maple to talk about sexually transmitted infections, contraception and other issues relating to sexual health as requested. They have spoken to KS4 pupils about the importance of testing for STIs and brought in kits to enable pupils to carry out a test. Where necessary pupils can be signposted to the Sexual Health Clinic for support.

**South Yorkshire Ambulance Service** attend as part of Maple's first aid provision on Restart a Heart Day to run a practical session on CPR which all pupils are able to access.

**Staff from South Yorkshire Police** run sessions on hate crime awareness and how to stay safe on the street, which includes knife/gang crime.

**South Yorkshire Fire and Rescue Service** – The fire service come in to make our pupils aware not only of fire safety but also of dangers of cars – joyriding, accidents etc.

#### Outside Agencies Involved:

##### Agencies:

- St John's First Aid
- Doncaster College
- Project 3
- Police
- Food Educator
- CAMHS
- E Safety coordinator
- School nurses
- Early Years
- PCSO – Lifewise
- DRASAC – Domestic Violence and Abuse
- CSE and CCE (Child Sexual and Criminal Exploitation)
- Doncaster Careers Hub

#### Business Links

- Work Experience
- Training agencies e.g. Engage training
- Independent training service

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#### **Fundraising for School**

Pupils are encouraged to participate by producing goods and helping to sell them. Pupil Voice will decide what they need to raise funds for and decide upon an activity such as coffee mornings and sponsored walking.

#### **Fundraising for Charities**

We do many activities to raise money for charities throughout the year. Each part of the service has at least two charitable events per year. Children in Maple and the Hospital School participate in fundraising for 'Children in Need' and 'Comic/ Sport relief'. We also hold an annual Macmillan coffee morning. At the hospital we regularly collect for the food and hygiene banks.

#### **Outside Visits**

A series of visits are arranged when staffing and transport permit.

Visits to date have included;

- PGL residential
- Hospital – Maternity Suite
- Family Hubs
- Theatre e.g. Blood Brothers
- Sexual Health Clinic
- Yorkshire wildlife park
- Project 3
- CAST Theatre
- Highfields community centre
- Sprotbrough lock
- Sprotbrough riverboat

#### **Other activities**

- School council/ Pupil Voice
- Morning meetings – discussion of spiritual, cultural, social and moral issues
- My money week
- Anti-bullying week
- E safety day
- Celebration of religious and cultural days/ festivals
- Lifeskills
- Mental Health Week
- Hospital play week
- DRI smoking cessation week
- Sessions relating to water safety, joy riding and hate crime

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**Monitoring and Assessment of PSHE**

The curriculum is monitored by the person responsible for the teaching and progress is reported back to senior staff and parents/carers via termly reports.

**Date of policy:**      October 2021

**Date of review:**    October 2023

**Signed**

**Management Committee**.....

**Head teacher**.....