



Maple Medical PRU *Young Parents' Centre*



FOOD AND DRINK

The parent/carer is responsible for providing meals and drinks and, cooled boiled and fresh drinking water is available at all times, along with healthy snacks. Clean sterilised bottles are to be provided by the parent/carer.

Formula milk should be brought in, in its original container, clearly labelled with baby's name and date it was opened. Bottle feeds are made up on demand. The kettle is boiled and left to cool. Cooled boiled water is added to the correct measurement; formula milk is added to this in the correct quantity, the bottle is then cooled under cold running water, before giving to the baby at the correct temperature. The baby's name tag is put on each bottle and placed in the baby's named basket. All Formula feeds **MUST** be used within 30 minutes of being made.

Any solid foods must be clearly labelled and stored correctly i.e. in baby's own basket unopened or in the fridge if open.

All nursery nurses are competent to prepare and handle food, and have Food and Safety Level 2.

Sterilising, making up a formula feed and weaning are all covered during parenting sessions at the centre

Nursery staff will advise parent/carer of a healthy and nutritious diet and an information booklet will be given.

Date of Policy January 2019

Date of Review January 2021

Signed

Nursery Manager.....

Chair of Management Committee.....