

### Making Choices

- Games-individual and small group
- Book choice
- Activity/lesson choice
- Behaviour

### Self Confidence and Self Awareness

- Praise and reward
- Self-assessment
- Peer assessment
- Board games

### Keeping Healthy

- Healthy choices for snacks
- Baking activities
- Encouragement of looking after yourself

# Wellbeing Curriculum Hospital School

### Feelings and Emotions

- PSHE lessons
- Sensory activities
- Group time
- Art activities

### Keeping Active

- P.E activities
- Using the Wii

### Making Relationships

- Opportunities to work together
- Routines and boundaries
- Sharing and turn taking
- Positive adult role model
- Stories/role play